To humble ask God to remove our defects of character is to pray:

* with thanksgiving for the life we have,
* with honesty about our character defects and the pain they have caused us and others, and
* ask Him to remove our defects and replace them with an opposite character asset.

In this exercise, we ask that you identify your 5 character defects that currently cause you and others the most pain. For each, write a specific and heartfelt prayer. Be specific about the harm or damage these defects have caused. Ask God to remove the defects and replace them with assets of character.

Character Defect 1:

Prayer:

Character Defect 2:

Prayer:

Character Defect 3:

Prayer:

Character Defect 4:

Prayer:

Character Defect 5:

Prayer: